

# Sacramento County Time-Limited Community Driven Prevention and Early Intervention (PEI) Grant Program, Round II

## Grantee Contact Sheet Fiscal Year 2023-24



## Sacramento County Time-Limited Community-Driven Prevention and Early Intervention (PEI) Round II Awardee Contact Sheet

### **Program Details:**

The Sacramento County Division of Behavioral Health Services (BHS), through Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) component funding and in collaboration with California Mental Health Services Authority (CalMHSA) implemented a second round of the Time-Limited Community-Driven Grant Program. Round II awarded \$10 million in grants to 27 local community-based organizations with awards up to \$425,000.

### **Program Objective:**

The Sacramento County Time-Limited Community-Driven PEI Grant Program is intended to build community capacity by addressing the mental health needs of communities by promoting mental health and wellness, increasing mental health services, and reducing stigma associated with mental health and wellness through cultural and linguistic congruent programs and activities that serve diverse communities.

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	Organization and Grant Amount:	Contact Information:	Grant Term:	Population Served:	Program Description:
1	Agile group \$182,700	Michael Craft Program Director <a href="mailto:mcraft@agilegroup.us">mcraft@agilegroup.us</a> (916) 670-2932	July 1, 2023 – May 31, 2026	African American Older Adults	The goal of the <b>Aging Gracefully</b> program facilitated by Agile Group is to create a safe space to discuss mental health as well as the issues that come with aging within the African American community. The program will provide the opportunity to engage their target population along with their families to provide additional emotional support to their elders as they enter the next phase of life. Efforts will include helping to remove the stigma surrounding mental health issues in traditionally marginalized communities by providing a space that is welcoming and comfortable to allow conversations on mental wellness among multigenerational households. Agile Group will facilitate weekly Wellness Wednesday support groups, A Life Worth Living – Sharing Memoir Journaling and Kitchen Table Talks, modeled after old school Sunday dinners.
2	Be Love Holistic \$133,909	Teah Hairston Program Director & Lead Facilitator <a href="mailto:beloveholistics@gmail.com">beloveholistics@gmail.com</a> (916) 201-4255 <a href="http://www.beloveholistic.com">www.beloveholistic.com</a>	July 1, 2023 – May 31, 2026	Black women ages 18-55 who have experienced prenatal and/or postpartum trauma or loss	<b>Be Love Holistic Wellbeing: Hearing from Prenatal and Postpartum Trauma &amp; Loss</b> project will facilitate Sister Circles composed of holistic health and wellbeing activities to provide recovery support for Black women who have experienced prenatal/perinatal loss and early infant demise. Participants will be educated about history, risks, and causes and prevalence of and solutions to maternal health issues. Participants will learn tools and strategies to prevent and/or intervene in prolonged suffering caused by pregnancy loss/early infant demise. Be Love Holistic will provide local resources to raise awareness and reduce stigma and discrimination related to accessing mental health support for maternal health issues.
3	CA Black Women’s Health Project \$425,000	Sonya Young Aadam CEO <a href="mailto:sonya@cabwhp.org">sonya@cabwhp.org</a> (310) 412-1828 <a href="http://www.cabwhp.org">www.cabwhp.org</a>	July 1, 2023 – May 31, 2026	African American/Afro- Latina/Afro Caribbean TAY populations	California Black Woman’s Health Project’s (CABWHP) program <b>Black-TAY Mentally Mobilized</b> is part of a college-going, Black youth-centered sister/brother circle community capacity building program. CABWHP will design, host, and evaluate a series of culturally infused mental health focused convenings, trainings, and safe spaces that support transitional age youth (TAY) to find balance, mitigate stress, and come together to tend to their hearts, minds, souls, and communities.

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4	CalVoices \$424,653	Maksim Tsymbal Program Manager <a href="mailto:sacmap@calvoices.org">sacmap@calvoices.org</a> (916) 366-4668 <a href="http://www.calvoices/sacmap">www.calvoices/sacmap</a>	July 1, 2023 – May 31, 2026	BIPOC and 2S+/LGBTQ+	The <b>SacMap</b> Project provides an online resource directory where Sacramento County community members can find behavioral health programs and services available to them. The site focuses on programs that do not require a formal referral, and many are available at no cost. SacMap will provide in-person and virtual workshops to educate and inform people about substance use and mental health challenges, and the many services and support available to them, both within the County and other resources they can access regardless of their place of residence.
5	Coffee and Conversations Foundation \$425,000	Patrice Tevis LMFT <a href="mailto:patricetevis@gmail.com">patricetevis@gmail.com</a> (916) 217-0934	July 1, 2023 – May 31, 2026	English speaking youth, teens, and families	<b>Project Soar</b> program goal is to provide mental health education classes to increase target audience understanding of mental illness and to reduce the stigma associated with mental health conditions. In addition, the program will offer educational games and activities for children, youth, and their families to enhance academic and life skills, and to promote positive community engagement.
6	East Bay Asian Youth Center \$402,336.45	David Kakishiba Executive Director <a href="mailto:junji@ebayc.org">junji@ebayc.org</a> (510) 533-1092 x25 <a href="http://www.ebayc.org">www.ebayc.org</a>	July 1, 2023 – May 31, 2026	Southeast Asian youth	<b>Peer Advocates</b> is a Peer Support & Leadership Development program designed to strengthen protective factors including self-awareness/self-efficacy, relationships with positive peers and adults, and build a connection with youth attending target schools and within the community of low-income, high-need Southeast Asian youth. The program model will use an activity engagement, activity-based curriculum that integrates healing circles, behavioral health education, peer-to-peer outreach, and participatory action research to achieve the overall program goal.
7	Greater Sacramento Urban League \$425,000	Jahmese Williams, PhD Executive VP <a href="mailto:jwilliams@gsul.org">jwilliams@gsul.org</a> (916) 286-8600 <a href="http://www.gsul.org">www.gsul.org</a>	July 1, 2023 – May 31, 2026	Black Men & Women- specifically Del Paso Heights and Oak Park residents	<b>The Cut to the Chase</b> project will focus on improving mental health as a social determinant of health impacting Black men and women in Del Paso Heights and Oak Park. As they are often the site of candid conversation and informal resource sharing among African Americans, GSUL will partner with barbershops and beauty salons as the sites for participants receiving mental health support. By removing barriers to mental health support, this project will promote innovative service delivery, advance health equity, and provide mental health support and services. Cut to the Chase will address community disparity by merging professional mental health support and peer support.

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8	Health Education Council \$425,000	Amanda Bloom, MPH Director of Programs and Impact <a href="mailto:abloom@healthedcouncil.org">abloom@healthedcouncil.org</a> (916) 556-3344 <a href="http://www.healthedcouncil.org">www.healthedcouncil.org</a>	July 1, 2023 – May 31, 2026	Latin/x/e, Black and Afghan communities	<b>The Hub</b> will provide culturally and linguistically tailored prevention and intervention services for members of the Latinx/e, Black, and Afghan communities, working to reduce stigma and discrimination associated with seeking mental health services and/or being diagnosed with a mental illness. The project will train diverse residents as Community Mental Health Navigators, equipping them with skills to talk about mental health in their community and link other community members to resources. The project will also provide space and funding support for culturally and linguistically responsive support groups and community classes that decrease mental health stigma by providing a safe space to learn and talk about mental health in culturally responsive ways.
9	Healthy Community Forum for the Greater Sacramento Region dba Sacramento Covered \$425,000	Kyle Stefano VP of Clinical Programs <a href="mailto:kstefano@sacramentocovered.org">kstefano@sacramentocovered.org</a> (916) 956-2626 <a href="http://www.sacramentocovered.org">www.sacramentocovered.org</a>	July 1, 2023 – May 31, 2026	Individuals returning to the community following incarceration, particularly those with mental health needs and complex social needs	Sacramento Covered <b>Community Health Worker Reentry Program</b> will build community capacity for Behavioral Health care coordination and navigation services for individuals returning to the community following incarceration. A key component of this work is screening, and referral into CalAIM program for eligible clients. Sacramento Covered will collaborate with the Sacramento County Jail to connect clients to services to address their unique needs and goals.
10	International Rescue Committee \$425,000	Dima Al Ayderous Grants Coordinator <a href="mailto:Dima.alayderous@rescue.org">Dima.alayderous@rescue.org</a> (916) 482-0120 <a href="http://www.rescue.org/sacramento">www.rescue.org/sacramento</a>	July 1, 2023 – May 31, 2026	Sacramento County refugee populations	International Rescue committee's <b>Community Wellness Program</b> will provide mental health services, outreach, and engagement activities the support Sacramento County refugee and special immigrant visa holder populations who are newly resettled in the county. Services implemented under this program will assist with reducing the stigma associated with mental health services, address mental health needs within the community, and increase access to wellbeing resources. Services and resources will be provided in Ukrainian, Russian, Spanish, Pashto and/or Dari.

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11	Iu Mien Community Services \$237,193.80	Susan Saechao Executive Director <a href="mailto:contact@iumiencommunityservices.org">contact@iumiencommunityservices.org</a> (916) 383-3083 <a href="http://www.unitediumien.org">www.unitediumien.org</a>	July 1, 2023 – May 31, 2026	API youth from refugee or immigrant families	<b>Seek Act Embrace</b> Youth Club will invite Asian Pacific Islander students, or any student attending Hiram W. Johnson High School who would like to be a part of a club to learn about mental health through fun and engaging activities during their lunch time. The overall goal is to help students recognize early signs of mental health related issues and how to navigate and access support resources.
12	Justice Teams Network \$425,000	Annie Banks Network Director <a href="mailto:annie@justiceteams.org">annie@justiceteams.org</a> (510) 631-4353 <a href="http://www.justiceteams.org">www.justiceteams.org</a>	July 1, 2023 – May 31, 2026	Sacramento County communities of color	Through this project, <b>Mental Health First: Building Alternatives, Growing Our Network</b> , Justice Teams Network will expand upon the healing justice-based festival held in May 2022 as part of round 1 funding by the Sacramento County Time-Limited Community-Driven PEI grant program. Program expansion will include: (1) introduce and provide training to over hundreds of community members in non-carceral crisis response, (2) host a conference to convene leading practitioners to share issues, best practices, and collectively navigate pathways forward that provide community-based pathways to safety and crisis response, and (3) produce and publish a report based on this convening on the power of community alternatives to create safe and thriving communities to be released at follow-up virtual summit in year three.
13	La Familia Counseling Center \$425,000	Jessie Armenta, LMFT Clinical Director <a href="mailto:JessieA@lafcc.org">JessieA@lafcc.org</a> (916) 210-8773 <a href="http://www.lafcc.org">www.lafcc.org</a>	July 1, 2023 – May 31, 2026	Immigrant and refugee populations	La Familia’s program, <b>Resilient Sacramento</b> will serve the culturally diverse populations of Sacramento. The program will focus on immigrant and/or refugee populations. The program goal is to increase their wellness and awareness of mental health conditions, through outreach, cultural activities, workshops, trainings, and other opportunities that address barriers and help them create wellness and be part of a Resilient Sacramento Community.
14	Lao Family Community Development, Inc. \$424,999	Mai Quach Director of Programs Global Career Development Facilitator <a href="mailto:mquach@lafd.org">mquach@lafd.org</a> (510) 533-8850 <a href="http://www.lafd.org">www.lafd.org</a>	July 1, 2023 – May 31, 2026	Immigrant and refugee population	Lao Family Community Development will implement a culturally and linguistically sensitive PEI programs that utilize personal case management, comprehensive participant assessments, individual care plans, and evidence-based educational workshops, peer support groups, social gathers and linkage and resources to increase clients access to mental health treatment and health care.

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15	Mental Health California \$425,000	Kristene (K.N) Smith CEO <a href="mailto:kn@mentalhealthca.org">kn@mentalhealthca.org</a> (916) 288-2466 <a href="http://www.mentalhealthca.org">www.mentalhealthca.org</a>	July 1, 2023 – May 31, 2026	Males of color	<b>The Brother Be Well</b> Graphic Novels and Educational Materials Series is a digital, limited series of eight (8) overcoming-themed graphic novels and educational materials aimed at high school and college-aged males of color. The series promotes storytelling around ACEs, trauma, anxiety, depression, and substance use coupled by strength based, resilience themes to educate and inspire in a new medium, now and into the future.
16	Musical Instruments n' Kids Hands \$134,143.60	Marcus Wright Program Director <a href="mailto:marcus@musicsciencegroup.com">marcus@musicsciencegroup.com</a> (216) 903-3756 <a href="http://www.musicsciencegroup.com">www.musicsciencegroup.com</a>	July 1, 2023 – June 30, 2024	Youth ages 12-19	<b>Musical Instruments 'N Kids' Hands'</b> awarded program <b>Music Science Group</b> primary service will provide educational programming and enrichment activities that positively impact underserved students, including students who do not pursue a career in music. The goals of Musical Instruments 'N Kids' Hands include, but are not limited to: <ul style="list-style-type: none"> <li>• Improved grades and test scores, especially in math and science,</li> <li>• Increased self-esteem and confidence,</li> <li>• Development of teamwork skills,</li> <li>• Improved social skills, and</li> <li>• Higher graduation rates</li> </ul>
17	NAMI, Sacramento \$422,778.10	David Bain Executive Director <a href="mailto:david@namisacramento.org">david@namisacramento.org</a> (916) 890-5467 <a href="http://www.namisacramento.org">www.namisacramento.org</a>	July 1, 2023 – May 31, 2026	LGBTQIA+, Veterans, and BIPOC Communities	NAMI, Sacramento will utilize peer led support groups and community education classes, to support those living with mental health conditions and their families to improve their quality of life. The program will also provide community presentations on mental health and resources to help reduce the stigma associated with living with a mental illness that offer information and the hope that there is a life in mental health recovery.
18	Nation's Finest \$425,000	Kendra Barter Chief Program Officer <a href="mailto:kbarter@nationsfinest.org">kbarter@nationsfinest.org</a> (916) 407-5694 <a href="http://www.nationsfinest.org">www.nationsfinest.org</a>	July 1, 2023 – May 31, 2026	At-risk veterans and their families	Nations Finest, <b>Veteran Mental Health Outreach, Education and Prevention Initiative</b> will conduct county-wide outreach to locate veterans and family members in need of mental health referrals, and those who could benefit from educational materials and information about suicide prevention, and discrimination reduction. In addition, Nations Finest will host at least one community event each quarter. Events will include two sporting events, three educational seminars, four art therapy groups and three mental health resource fairs.

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19	ONTRACK, Program Resources \$424,376.56	Madalyn Rucker Executive Director <a href="mailto:mcruker@getontrack.org">mcruker@getontrack.org</a> (916) 285-1805 <a href="http://www.ontrackconsulting.org">www.ontrackconsulting.org</a>	July 1, 2023 – May 31, 2026	African American Communities	<b>Soul Space</b> is a community-defined best practice serving African Americans who are unserved or underserved in traditional behavioral health, health, social service, and justice systems. Soul Space will provide mental health supports, case management/empowerment advocacy, culturally congruent support groups, life skills workshops, and community education open to all residents of Sacramento County.
20	Opening Doors, Inc. \$424,990	Analee Villapando Director of Programs <a href="mailto:analee@openingdoorsinc.org">analee@openingdoorsinc.org</a> (916) 492-2591 x203 <a href="http://www.openingdoorsinc.org">www.openingdoorsinc.org</a>	July 1, 2023 – May 31, 2026	Refugee Populations	Opening Doors Inc., <b>Community Mental Health Navigation Program project</b> goal is to engage 140 Opening Doors clients to enhance their connectedness with topics that support mental health through community workshops and clinical mental health support by providing linkage and referral services to therapy service provided by partner community-based organizations who also support refugee populations.
21	Project Optimism \$260,549.07	Kyari Cail Operations Coordinator <a href="mailto:kcail@projectoptimism.org">kcail@projectoptimism.org</a> (916) 621-7406 <a href="http://www.projectoptimism.org">www.projectoptimism.org</a>	July 1, 2023 – May 31, 2026	Underserved 4th-12th grade students.	<b>Project Optimism Mentoring Sessions (POMS)</b> is a school-based intervention program tailored for historically marginalized and unserved 4th-12th grade scholars. Assessments will be conducted throughout the term of the program, while developing and facilitating enriching activities that will be conducted weekly by Youth Mentors that focus on various topics, but not limited to, identity development, mental health and wellness, and academic success.
22	Public Health Institute-Center for Collaborative Planning \$425,000	Connie Chan Robinson Executive Director <a href="mailto:connie@connectccp.org">connie@connectccp.org</a> (916) 498-6960 <a href="http://www.connectccp.org">www.connectccp.org</a>	July 1, 2023 – May 31, 2026	Students attending Job Corps	The Center for Collaborative Planning will partner with Sacramento Job Corps and other community stakeholders to provide outreach, education, resource referral, and advocacy to bolster the mental health fitness of its student population. The proposed project seeks to reduce stigma and promote help seeking behaviors so that young people are primed for academic and economic success and untouched by school failure and unemployment, two key consequences of untreated mental illness.



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23	Sacramento LGBT Center \$425,000	Karen Kurasaki Grant & Program Sustainability Manager <a href="mailto:grants@saccenter.org">grants@saccenter.org</a> (916) 442-0182 x132 <a href="http://www.saccenter.org">www.saccenter.org</a>	July 1, 2023 – May 31, 2026	LGBTQIA+ Black and Latinx/e populations residing in South Sacramento	Sacramento LGBT Center's program <b>SaQ Bridges</b> to Equitable Care aims to improve mental health and wellness among LGBTQIA+ Black and Latinx/e individuals in South Sacramento by creating activities and services that support mental health stigma reduction and creates bridges to affirming care in the Sacramento Region.
24	Sacramento Youth Center \$422,985.50	Raquel Shipp Executive Director <a href="mailto:raquel@sacyouthcenter.org">raquel@sacyouthcenter.org</a> (925) 698-9121 <a href="http://www.sacyouthcenter.org">www.sacyouthcenter.org</a>	July 1, 2023 – May 31, 2026	Youth and TAY ages 14-24	Sacramento Youth Center will build intentional connections between community-and school-based programs as well as existing systems providing youth mental health services and resources. Sacramento Youth Center seeks to directly engage 250 youth in peer mentoring programs, achieve an extended reach of 2,500 through youth-led peer mentoring activities, and engage 4 young people (ages 17+) as peer interns. The goal of the Project is to engage youth as change agents to promote mental health and wellness for themselves, peers, and families by building capacity for youth peer mental health and wellness support programs. Sacramento Youth Center will partner with PRO Youth and Families (PRO) to develop a continuum of opportunities for youth to engage in peer-to-peer support programs and connect to pathways for behavioral/mental health careers.
25	Sac Youth Mental Health \$176,341	Staci Anderson Pro Youth and Families, President & CEO <a href="mailto:stacia@proyouthandfamilies.org">stacia@proyouthandfamilies.org</a> (916) 576-3300 <a href="http://www.proyouthandfamilies.org">www.proyouthandfamilies.org</a>	July 1, 2023 – May 31, 2026	Teen's age 14-19	<b>Sac Youth Mental Health</b> program goal is to continue their efforts to engage teens in topics that promote mental wellness and reduces stigma among youth. Proposed activities and events include a youth mental health conference, mental health film screenings and discussions, classroom and community pop-up events, webinars, and creating lasting partnerships with other Sacramento youth organizations.

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26	Safe Black Space \$424,791	Dr. Kristee Haggins Safe Black Space President <a href="mailto:safeblackspace@gmail.com">safeblackspace@gmail.com</a> (530) 683-5101 <a href="http://www.safeblackspace.org">www.safeblackspace.org</a>	July 1, 2023 – May 31, 2026	Black people across the Sacramento County region	Safe Black Space intends to continue to offer African-centered, culturally affirming support services as provided in round 1 of the Sacramento County Time-Limited Community-Driven PEI grant opportunity, while developing more robust new programs for Round 2. Safe Black Space will expand their reach to additional communities and target populations, resume their highly effective in-person healing circles, and include new programming such as African Drum Circles and Book Study Groups. Safe Black Space will hire additional staffing to deepen these offerings in order to increase capacity and expand the positive impact across Sacramento’s Black community.
27	World Relief \$422,140.61	Mark Dandeneau, MSW Regional Director <a href="mailto:mdandeneau@wr.org">mdandeneau@wr.org</a> (916) 626-0827 <a href="http://www.worldrelief.org/sacramento/">www.worldrelief.org/sacramento/</a>	July 1, 2023 – May 31, 2026	Refugee and immigrant populations	World Relief’s <b>Immigrant and Refugee Mental Wellness Project</b> will fill a service gap by enhancing support services for refugees and immigrants that promote overall wellness, reduce the stigma and discrimination associated with seeking behavioral health services, and decrease suicide by: Embedding prevention and early intervention psychosocial education information into existing training programs. Program services will include: 1) identify and reduce disparities 2) address barriers and improve support services 3) destigmatize mental health and improve knowledge of mental health services, and 4) provide county specific linkage and referral services.