

Our Values

- ◆ Respect, compassion, integrity
- ◆ Client and/or family driven
- ◆ Equal access for diverse populations
- ◆ Culturally and linguistically competent
- ◆ Adaptive, responsive, and meaningful
- ◆ Prevention and early intervention
- ◆ Full community integration and collaboration
- ◆ Coordinated near home and in natural settings
- ◆ Strength-based, integrated and evidence-based practices
- ◆ Innovative and outcome-driven practices and systems
- ◆ Wellness, Recovery, and Resilience Focus

We Collaborate With:

- Education
- Child Protective Services
- Probation
- Regional Centers
- Alcohol and Drug Services
- Other important people to the child and family

We are committed to providing mental health services and support to children, youth, and their families in order to succeed in school, live safely at home, lead happy, healthy lives, and avoid involvement with the Child Welfare and Juvenile Justice System.



WWW.DHS.SACCOUNTY.NET/BHS



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Acting County Executive

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Board of Supervisors

Phil Serna - 1st District
Patrick Kennedy - 2nd District
Rich Desmond - 3rd District
Sue Frost - 4th District
Don Nottoli - 5th District

Child and Family Integrated System of Care



MISSION

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Prevention

- Outreach & Engagement
- Mental Health Screenings
- Psycho-Education
- Referrals to other services
- Support groups
- Suicide prevention programs

Mental Health Services

- Mental health assessments
- Case management
- Intensive care coordination
- Medication support
- Skills building services
- Therapy and therapeutic groups
- Linkage to community resources
- Early Intervention & childhood treatment
- Services for youth with co-occurring mental health & developmental issues
- Crisis intervention (all ages) and crisis residential (18+)
- Intensive home based services
- Services for youth with co-occurring mental health and alcohol/substance abuse disorder

WHERE DO I TAKE A CHILD OR YOUTH DURING A PSYCHIATRIC EMERGENCY?

Mental health emergency services available for youth under 18 years old 10 a.m.-7 p.m., 7 days a week at the Intake Stabilization Unit (ISU) at:

Mental Health Treatment Center
2150 Stockton Boulevard
Sacramento, CA 95817
916-875-1000 • California Relay: 711



If assistance is needed outside ISU business hours, the child may be taken to the **Mental Health Urgent Care Clinic** or to the nearest emergency room.



Call 911 For a Life Threatening Emergency

Urgent Supports & Crisis Services

- Suicide prevention hotline: 916-368-3111 or 800-273-8255
- Community Support Team (M-F): 874-6015
- Mental Health Urgent Care Clinic:
2150 Stockton Blvd, Ste 300, Sacramento
- Mobile crisis teams: 911

Services Provided in:

- Home
- Clinics
- Schools
- Emergency rooms
- Community
- Juvenile Hall

HOW CAN A CHILD OR YOUTH ACCESS MENTAL HEALTH SERVICES?

Individuals, caregivers, schools, medical providers, and other concerned adults can refer to Access via phone, fax or US mail. A phone number and valid address is required to process the service request.

Call

- Phone: 916-875-1055
- 24-Hour Toll Free: 888-881-4881
- TTY/TDD: 916-876-8892 or 711

Fax

Service requests can be faxed. Forms are on our website: www.dhs.saccounty.net/BHS/

Fax completed form to: 916-875-1190

Mail

Complete the Service Request Form in detail and mail to:

Sacramento County
Mental Health Access Team
3331 Power Inn Road, Suite 180
Sacramento, CA 95826

We screen and link Sacramento County children and youth, birth to 20 years of age, to mental health services. Bilingual staff and/or interpreters are available at no cost. The team also provides information and referral services to other community resources.