

MENTAL HEALTH SERVICES ACT

Fiscal Year 2018-19 Plan Update

July 8, 2019

Mental Health Services Act (MHSA) Fiscal Year 2018-19 Plan Update

With support from the Mental Health Services Act (MHSA) Steering Committee and the Mental Health Board, the Sacramento County Division of Behavioral Health Services is proposing agility in planning for the expenditure of MHSA unspent funds.

The proposed MHSA Plan Update described below was presented to the MHSA Steering Committee for consideration at their meeting on May 16, 2019, and June 6, 2019. After thoughtful discussion and deliberation, the Committee voted in support of the following strategies with consideration to tailor in response to stakeholder and community feedback:

Prevention and Early Intervention (PEI) Component

Release a competitive bid for \$10 million in new time-limited PEI programs:

- Programs would be community-driven and must align with PEI regulations;
- Include evidence based, promising practices, or culturally/community defined practices;
- Include strategies for community capacity building;
- Leverage resources in the community for sustainability, when possible; and
- Focus on outcomes and performance measures.

Community Services and Supports (CSS) Component

Expand the CSS Component by \$12 million annually to:

- Add redesigned outpatient programs for Children and Youth; and
- Expand the existing two crisis residential programs to five programs to align services, reporting, and funding across all programs.

Innovation (INN) Component

Conduct an expedited planning process to develop a new INN project(s) totaling up to \$9 million to present to the Mental Health Services Oversight and Accountability Commission (MHSOAC) for approval before June 30, 2020.

Through this Plan Update, Sacramento County is developing a plan to further spend down the MHSA unspent funds and provide valuable mental health services and supports in the community.

Public Comment

This Mental Health Services Act Fiscal Year 2018-2019 Plan Update was posted for a 30-day public review and comment period from June 7, 2019 through July 7, 2019. During the posting period, there were several comments received in support of the proposed agility in planning for the expenditure of MHSA unspent funds. There were also comments related to the design of the PEI competitive bid process and ideas for specific PEI programming.

The Division appreciates the support for the proposed agility in planning for the expenditure of MHSA unspent funds and will consider input received moving forward as plans are implemented.