

# Specialized Treatment and Recovery Services (STARS) and Sacramento Drug Courts

# Introductions:

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# Pre-2001

- Reunification rate about 18%
- Parents unable to access substance abuse treatment
- Social workers, attorneys, courts often uninformed on parent progress
- Drug testing not uniform and results often delayed

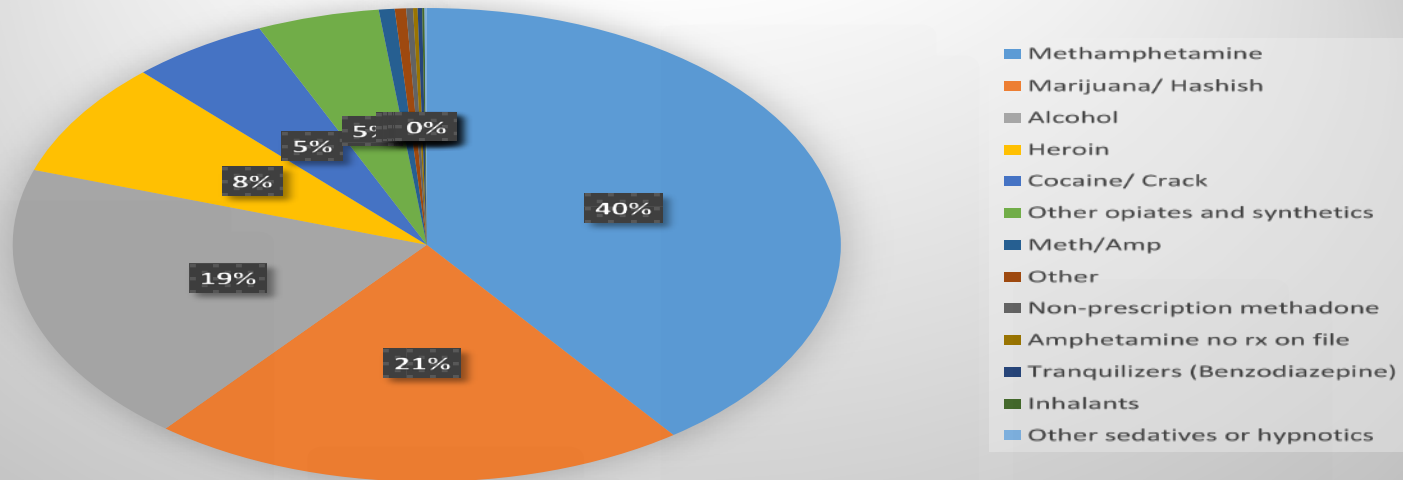
# After STARS/DDC

- Reunification rates at 47%
- 71% for those parents graduating DDC
- Reunification is occurring faster
- Parents truly have “treatment on demand”
- All parties involved in the case are informed at every stage of treatment
- All parents receive random observed “instant” drug testing

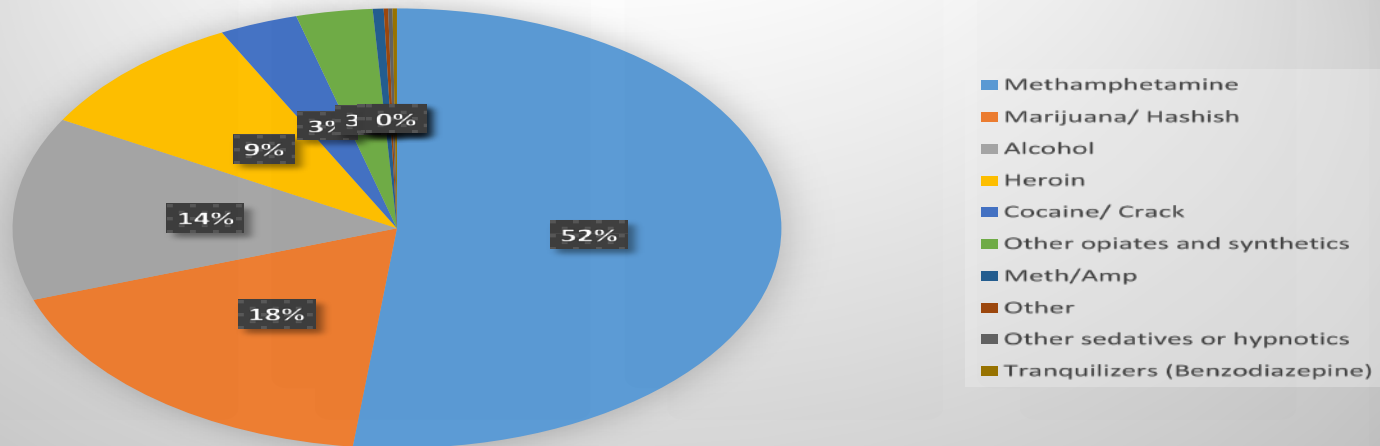
# EARLY INTERVENTION FAMILY DRUG COURT

- Administrative hearing
- Designed around DDC
- Social Workers and Recovery Specialist support
- Retired judge (Referee Crissman)
- Children remain in care while participating in services
- Graduation rates 80-90%

### EIFDC Primary Drug of Choice



### DDC Primary Drug of Choice



● Specialized Treatment and Recovery Services

# Intake Procedure

- System of Care Referral
- Connection to STARS
- Connection to Recovery Specialists
- Testing at Intake
- Warm Hand-Off

# STARS Goals

- Assist parents in the process of recovery from substance abuse by removing barriers to treatment and providing support, encouragement and accountability
- Accurately report each client's progress to the child welfare system and court with a commitment to compassion, integrity and excellence





# Recovery Specialists Duties

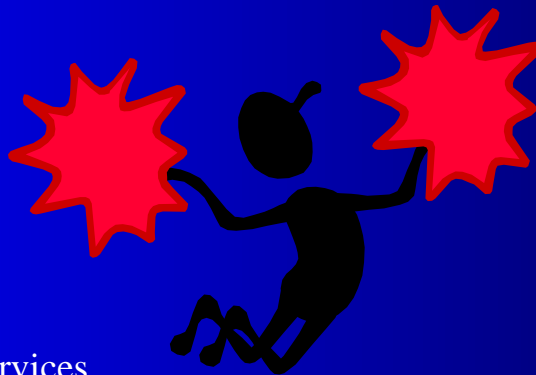
- Recovery Specialists will provide services in locations that meet the needs of the client including locations such as residences, correctional settings, shelters, community resource sites, hospitals, schools, consumer operated services, peer support programs, or medical and behavioral health service sites.
- Recovery Specialists are responsible for maintaining client records in accordance with established policies and procedures.
- Recovery Specialists are required to treat all clients with respect and dignity and to refrain from any conflict.
- Recovery Specialists are required to perform supervised alcohol and drug screenings as outlined in the client's Support Service Plan.
- Recovery Specialists are required to refer for an AOD Assessment if a change in treatment is needed.

# RS Duties Cont.

- Recovery Specialists are required to provide support and encouragement for client's progress and motivation for those who are struggling to achieve compliance.
- Recovery Specialists are required to collect any and all documentation provided by the client regarding AOD treatment, drug testing and support group attendance.
- Recovery Specialists are required to arrange, facilitate and attend a case conference with the client, AOD Treatment Provider and CPS Social Worker within 90 days of intake.
- Recovery Specialist is required to provide documented reports of client progress two times per month to all parties addressing the four areas of STARS compliance.

# Take Home

- Recovery Specialists break down trust barriers
- Recovery Specialists can spot deception/manipulation and confront it from a non-threatening angle
- Recovery Specialists can motivate change
- We began with 3 – now at 32 – proven to work



# Rooms for Dads

- Gender specific
- Trauma informed – Seeking Safety Trauma Curriculum
- Nurturing Families Parenting
- Held at night for working dads

# Celebrating Families

- Engages all family members to foster healthy development
- CPS and Court approved parenting class
- Get served a meal
- Resource Specialist provided
- Held on Saturdays, received two signatures on blue card

# Celebrating Families Cont.

- Evidence Based;

DDC+CF= Graduation rates go from 41% to 63.5%

EIFDC+CF= Graduation rates from from 27.3% to 51.2%

2015-2016