

# Sacramento County Health Authority Commission Consumer Protection Committee Meeting

## Meeting Minutes

July 22, 2021, 11:00 AM – 1:00 PM

## Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via webinar and conference call.

## Attendance

Name	Attendance	Name	Attendance
<b>SCHA Consumer Protection Committee Voting Members</b>			
Kyle Stefano, Chair	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kim Williams	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
John Landefeld, MD, Vice-Chair	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Lisa Packard	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Edwin Kirby	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Sherrod	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>County Staff to SCHA</b>			
Jenine Spotnitz	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		
<b>Consultants to SCHA</b>			
Sarabeth Zemel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		
Lisa Chan-Sawin	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		

Agenda Item	Time
<p><b>1. Welcome and Agenda Review – Kyle Stefano, Committee Chair</b></p> <p>Chair Kyle Stefano convened the meeting at 11:02 am and reviewed the agenda.</p>	11:00 – 11:05 am
<p><b>2. Approval of Meeting Minutes – Kyle Stefano, Committee Chair</b></p> <p>Eddie Kirby motioned to approve the meeting minutes from May 27, 2021. Kim Williams seconded the motion. The motion carried.</p>	11:05-11:10 am
<p><b>3. Presentation and Discussion: Sacramento County Substance Use Prevention &amp; Treatment Continuum of Care – Andrew Mendonsa, Michelle Besse, and Nicole Harper, Sacramento County Behavioral Health Services</b></p> <p>Andrew Mendonsa, Michelle Besse, and Nicole Harper presented about the Sacramento County Substance Use Prevention &amp; Treatment Continuum of Care (see presentation). The provided the</p>	11:10 – 12:10 pm

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<p>following points of clarification in response to questions from Commissioners:</p> <ul style="list-style-type: none"> <li>• Assessments are completed with clients over the phone.</li> <li>• Treatment beds are not specific to different substances, but are specific to different levels of service (e.g., whether withdrawal is life threatening).</li> <li>• The approximate recent wait time for female residential treatment is 1-2 weeks; for men’s residential without withdrawal management it is 6-8 weeks; for men’s residential with withdrawal management/medical support it is about 10 weeks. Efforts are underway to decrease wait times, including options to incentivize providers to offer or expand services.</li> <li>• If an individual is in the hospital emergency room, outreach attempts are made to try to support the client in getting into residential treatment and/or withdrawal management upon their exit from the hospital.</li> <li>• Interim intensive outpatient services (IOP) are available to individuals awaiting a treatment bed to help maintain service connections.</li> </ul>	
<p><b>4. Discussion and Action: Community Engagement Plan –</b> <i>Jenine Spotnitz, Sacramento County Department of Health Services</i></p> <p>Jenine Spotnitz reminded Commissioners that the survey had been finalized, and asked Commissioners for their ideas about how best to distribute it. Commissioners discussed several ideas, including asking elected officials and organizations they work with whose clientele are already involved in Medi-Cal to distribute it. They recognized that offering a stipend would be ideal to increase the response rate.</p> <p>Kim Williams shared an example from the Health Equity Commission, which wanted to conduct focus groups with different ethnic populations. They worked with 7-8 organizations to conduct 90 minute focus groups with 10 or more participants about their experiences with health care. Commissioners expressed an interest in reviewing the report from this effort once it is available.</p> <p>Lisa Packard noted that it is important to think about longer term plans too – including collecting data, establishing a baseline, identifying challenges, and conducting oversight and monitoring to assess progress on the challenges.</p>	<p>12:10 – 12:45 pm</p>

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<p><b>5. Public Comment</b> – <i>One comment per person, limited to two minutes.</i></p> <p>None</p>	<p>12:45 – 12:55 pm</p>
<p><b>6. Next Steps and Adjournment</b> – <i>Kyle Stefano, Committee Chair</i></p> <p>Kyle Stefano adjourned the meeting at 1:00 pm.</p>	<p>12:55 – 1:00 pm</p>

Members of the public are encouraged to attend. Public comments are accepted during designated time. Electronic or hard copies of documents are available upon request. To request documents, or if you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Jenine Spotnitz at [SpotnitzJ@saccounty.net](mailto:SpotnitzJ@saccounty.net) or (916) 216-1782. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. For more information regarding the Sacramento County Health Authority Commission, please visit our website at [Sacramento County Health Authority](http://Sacramento County Health Authority).