

INFLUENZA HEALTH ADVISORY MASKING MANDATE April 3, 2023

Situational Update

Influenza activity has decreased [state](#) and [county](#)-wide. Sacramento County Public Health (SCPH) will be lifting the masking mandate on **April 3, 2023**, aligning with the California Department of Public Health's (CDPH's) COVID-19 [guidance](#) on masking in health care settings. However, institutions may choose to implement additional masking guidance. Health care workers with underlying health conditions, including those who are immunocompromised, should still consider wearing a mask.

Actions Requested of Health Care Systems and Clinicians:


1. **Continue** to **report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed influenza cases:
 - **Intensive care unit (ICU)** cases of **all ages**
 - **Deaths** of **all ages**
 - **Novel influenza viruses** regardless of age, hospitalization, or vital status
 - **Outbreaks**Medical records (e.g., admission notes, laboratory results, discharge summary, vaccination information) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or sent via confidential fax to (916) 854-9709.
2. **Implement** infection control precautions as appropriate.
3. **Treat** with antivirals (e.g., oseltamivir, zanamivir, peramivir) as early as possible any patient confirmed or suspected to have influenza who: is hospitalized; has severe, complicated, or progressive illness; or is at higher risk for influenza complications.
4. **Ensure** ill health care workers remain home and do not go to work.

Resources:

1. CDC: <https://www.cdc.gov/flu/index.htm>
2. CDPH: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx>
3. SCPH: <http://www.dhs.saccounty.net/PUB/Pages/Communicable-Disease-Control/What-You-Need-to-Know-About-the-Flu.aspx>

For information about immunization services, contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468).

Sincerely,



Olivia Kasirye, MD, MS
Public Health Officer