



# ...WHAT YOU NEED TO KNOW

## FAST FACTS ABOUT HEPATITIS A

**HEPATITIS A** is a contagious liver disease caused by the **HEPATITIS A** virus (HAV).

The disease causes inflammation (swelling) of the liver that can last up to a few months.

Almost everyone recovers from **HEPATITIS A** with lifelong immunity but a small amount of people may die due to liver failure.

**HEPATITIS A** can be prevented by getting the vaccine and washing your hands regularly for at least 20 seconds.

## WHAT PUTS YOU AT RISK FOR HEPATITIS A

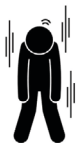
Hepatitis A is spread by swallowing food or liquids contaminated with infected feces (poop).

Most infections result from close personal contact with an infected household member or sex partner.

## SYMPTOMS OF HEPATITIS A



Fever



Fatigue



Nausea



Loss of appetite



Jaundice  
(yellowing of the  
skin or eyes)



Stomach  
pain



Vomiting



Dark urine,  
pale stools, and  
diarrhea

## YOU CAN PREVENT THE SPREAD OF HEPATITIS A

**GET THE HEPATITIS A VACCINE.**

### WASH YOUR HANDS

with soap and water after using the bathroom or before preparing food.

### NEVER SHARE

towels, toothbrushes, utensils  
or other personal hygiene items.